
#TRRYPrayer

28 Day Prayer Challenge

Thanksgiving & Praise

The expression of gratitude and adoration to God.

How should I pray?

Thank Him for what's He's done.

Psalm 107:8, Hebrews 12:28-29, James 1:17

Praise Him for who He is.

Psalm 7:17, Psalm 92:1, Psalm 106:1, Psalm 28:7

Repent

A change of mind that results in a change of action.

How should I pray?

Ask for forgiveness

Acts 3:19, 1 John 1:9

Say you're sorry for how you have hurt or offended Him

2 Corinthians 7:9-10, Psalm 116:1-2

Acknowledge how have you disappointed Him

1 John 5:3, Romans 2:4, Isaiah 30:15

Decide what you will you do differently

Matthew 3:8, Acts 3:19, Revelations 2:5

Request

Expressing one's desire or asking God for help in time of need.

How should I pray?

Make your requests known to God for *yourself*

Psalm 3:4, Matthew 21:22, Mark 11:24

Make your requests known to God for *others*

Philippians 2:4, Job 42:10, 1 Timothy 2:1-2

Yield

To give up, surrender.

How should I pray?

Adjust my priorities for the One I serve.

Luke 9:23, Job 22:21, Luke 11:28, Acts 5:29, James 3:17