



chrystal  
E V A N S H U R S T

# KINGDOM WOMAN

**EMBRACING YOUR  
PURPOSE, POWER, AND POSSIBILITIES**

## KINGDOM WOMAN...

Those words sound like some pretty high “red-bottom” heels to walk around in all day. The truth of the matter is that I know I’m not her. She is someone I strive to become but whose roles and responsibilities seem like a lot to handle. The very definition of a kingdom woman sets a high bar. After all, where is this woman—who is this woman—who regularly and consistently positions herself under and operates according to God’s complete rule over her life?

Oh, I know. She must be my neighbor. She must be the woman who sits next to me at church or the lady who always seems to have the time to serve others. She must be the woman who has been married for fifty-seven years or the woman who is fifty-seven years old and has walked in unremarkable purity. She must be the woman who walks with the tattered and torn Bible or the woman who keeps Jesus paraphernalia on her desk at work. She must be the woman who never yells at her kids and the woman who always cooks gourmet meals for her family. She must be the woman who has a work ethic beyond reproach and who lives in complete financial freedom because she regularly chooses frugality instead of fashion. She maintains a modest waistline and harbors no addictions. She must be every other woman, that is.

Just like Eve we have a choice. We can choose to believe what God’s Word says about who we are and who we are created to be or we can entertain the lies planted by the enemy of our souls and cultivated by the culture we live in. Romans 10:17 says that “faith comes from hearing the message, and the message is heard through the word of Christ.” Everyday I can make the choice — the choice to both hear and believe that I am who He says that I am and I can walk boldly as a woman created for His glory.

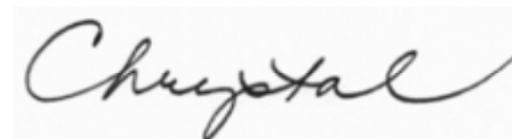
My sister, you can do the same. You can choose to believe that when God created you, He knew what he was doing. You can choose to believe that when He allows both good and not-so-good into your life, still, He knows what He is doing. You can choose to believe that when you fail, and we all WILL fail, He will know exactly what He is doing when He loves you enough to forgive you over and over again.

Because he loved me then, loves me now, and will love me until I see Him and beyond, I choose Him. I choose to be a daughter of the King and seek to live a life that is pleasing to Him.

One day at a time I choose to believe...  
I’m a Kingdom woman.

Kingdom Woman. Those four-inch red heels don’t look easy to walk around in all day. But first looks can be deceiving. The right shoe made by the right designer and with the right materials can be not just wearable, but comfortable. God has designed a plan and a purpose just for you. We are not just fearfully and wonderfully made (Psalm 139:14), we are created in the image of a radiant, magnificent God who is full of beauty and splendor. Choose to believe. Wear His glory well. Walk on His runway.

As you commit yourself to grow in God’s word, He is committed to seeing that growth come to pass (Please read: I Corinthians 3:5-9). We are here to cheer lead and assist you in your growth so that you flourish in the Word and intimacy with God.



Join me on my journey at [www.chrystalevanshurst.com](http://www.chrystalevanshurst.com)

## WELCOME

Beginning this journey is just the first step to understanding the woman you're called to be. By completing each week's discussions, you're on your way to learning about how you are able to use past mistakes, heartbreaks, and difficulties to shape the woman you are. You will soon discover that through living life as a kingdom woman and advancing Christ's purposes, you will be able to maximize not only your own life, but others' lives around you as well.

Life as a kingdom woman reminds us of our own worth, our purpose in God's kingdom, and that no matter where we are in our present situation in life, we are women of value, hope, and excellence. What we need and what our world needs for us to do is to step up and live our lives like the kingdom women we're created to be.

"You are much more valuable than you may even realize. You are a child of the King; you are uniquely called and positioned to live devoted to God as one of His primary agents for advancing His purposes on earth. That is a high calling, and He will enable you to live it well. Never forget your value. Never settle for less than who you truly are." - Kingdom Woman

## KINGDOM WOMAN DISCUSSION QUESTIONS

### Questions from the Introduction

What is the Kingdom of God in Matthew 13:1-52 compared to?

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1. Describe a strong female role model you had during your formative years. What qualities did she have that you want to emulate? Was she a woman of God? If so, how did you know she was a woman of God?

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2. In what ways do you see yourself as "naturally gifted to influence and impact" your world (page 4)? If you're not comfortable talking about yourself, in what ways do you see other women as being gifted?

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3. What does Genesis 1:26-27 describe how we were created?

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4. Tony Evans makes a bold statement on page 7: "The reason [God] created women was to advance His kingdom and His glory." On a scale of one to ten, with ten correlating to strong agreement, how strongly do you agree with this statement? What does it mean to you to "advance" God's glory? In what ways would you like to see yourself advancing God's kingdom and glory?

Scalering: 1 2 3 4 5 6 7 8 9 10

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5. On page 8 Tony Evans states, "We lack the direction to truly live out our [kingdom] destinies." And on page 9 he wrote, "Many women today still struggle with turning over personal control in their lives, thus opening themselves up to heartache, loss, and chaos." In what ways do you struggle to turn over personal control of your life to God? In what ways do you hope this book study will give you direction to live like a kingdom woman?

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6. The Greek word for "kingdom" in the New Testament is \_\_\_\_\_, which means \_\_\_\_\_ and \_\_\_\_\_. A kingdom always includes three components \_\_\_\_\_, \_\_\_\_\_, \_\_\_\_\_. The kingdom of God is the authoritative execution of \_\_\_\_\_. The kingdom agenda is simply \_\_\_\_\_.

7. What do the following scriptures say about God's kingdom:

Mark 1:15 \_\_\_\_\_  
Matew16:28 \_\_\_\_\_  
Luke 17:21 \_\_\_\_\_  
Matthew 7:21 \_\_\_\_\_

8. Select the answer that best describes how you see yourself in relation to a kingdom agenda and explain why:

- a. I don't see myself as a kingdom woman because I struggle to simply obey God. I make too many mistakes.
- b. I believe that I can align myself under God as a kingdom woman, but I'm afraid I'll give up when it gets too difficult. I've failed and given up in the past.

c. I can choose to believe what God’s Word says about me, even though I don’t see it right now. I can live more like a kingdom woman if I keep listening to His Word.

d. I am living the life of a kingdom woman, and I see God working in my life. I can become the woman He wants me to be—not the woman the world tells me I have to be.

9. Eleanor Roosevelt said, “No one can make you feel inferior without your consent.” In what ways do you hope this book study will help you become bolder and more confident as a kingdom woman? What is one goal you can set today that will help you fulfill your purpose as a kingdom woman?

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“A Kingdom woman may be defined as a woman who positions herself under and operates according to the rule of God over every area of her life”

**QUESTIONS FOR CHAPTER 1:**  
**A woman of value**

1. Before you read this chapter, read Proverbs 31:10-31. What was your perception of a Proverbs 31 woman? Did you want to be like her? Why or why not?

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2. On page 19, Tony Evans writes: “What sets a kingdom woman apart from any other woman boils down to her fear of God. Her reverence determines her actions, thoughts, words, and priorities.” In your life, what are the priorities that are determined by your fear of God? What priorities do you have that stem from desires that are outside the kingdom realm?

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3. Read these four people-pleaser scenarios and circle which one you’d most likely do:

3. What does Genesis 1:26-27 describe how we were created?

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Scalering:1 2 3 4 5 6 7 8 9 1 0

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8. Select the answer that best describes how you see yourself in relation to a kingdom agenda and explain why:
a. I don't see myself as a kingdom woman because I struggle to simply obey God. I make too many mistakes.
b. I believe that I can align myself under God as a kingdom woman, but I'm afraid I'll give up when it gets too difficult. I've failed and given up in the past.

- a. You eat everything that's served to you when you're at a girlfriend's home because you don't want to hurt her feelings. You do this even though you know the food will make you feel bloated and gassy.
- b. You're standing still in the library stacks reading a book. Someone bumps into you and rudely says, "Watch where you're going!" You apologize profusely.
- c. You worked more than fifty-five hours this week. It's Friday night. You have a cold. You're looking forward to slipping into bed, taking some sleep-inducing cold remedy pills, and watching reruns of your favorite comedy TV show. The phone rings. It's a woman from the church, saying the nursery is short a babysitter for a special event. The nursery coordinator is wondering if you can work with the infants . . . tonight. You blow your nose into a tissue. "Of course," you say, sniffing. "I'll come right over."
- d. Your husband/boyfriend/father hates the color pink, especially in women's clothing. You're at a clothing boutique and find a dress on clearance for fifteen dollars that makes you look gorgeous and feel confident. But it's hot pink, and you know your husband/boyfriend/father will make a disparaging comment about it. You reluctantly hang the dress back on the rack.
- e. You and some coworkers are in a rental car on a three-hour drive to a conference. The driver selects a radio station with truly offensive commentary and music. You say nothing about the choice of radio station and sit quietly throughout the entire ride listening to coarse talk and vulgar music.

4. Does "exhaustion is close to godliness" (page 21) describe your tired life? Do you see kingdom value in hiring a house cleaning service or "servant girl" as the Proverbs 31 woman did? Why or why not? (If you aren't exhausted, what encouragement or advice do you have for others? Please! Tell us!)

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5. Chrystal's mentor offered her some advice (page 27), saying, "Let [God] know that you are willing to be interrupted, willing to be derailed, and willing to be surprised if He sees fit. Then get up in the knowledge that your day belongs to the Lord." This type of lifestyle is oh-so-easy to read about, but not-so-easy to live. What risks are involved if you offered yourself and your schedule to God daily? What might happen to your tidy to-do list? To your reputation? To your spiritual self?

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6. Tony Evans refers to Psalm 121:1-2 and James 1:5 as faith-building verses (page 28). What is your favorite Bible verse or Bible promise about God's faithfulness? How can believing the words of God help you live out your kingdom destiny? Tell about a time in your life when you trusted God in painful circumstances.

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**QUESTIONS FOR CHAPTER 2:  
A Woman of Hope**

1. We've all heard the Cinderella story. What's your favorite thing about the traditional fairy tale or a Hollywood spinoff movie?

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2. On page 32, Tony Evans says, "A lot of us have given up on God. We have counted the years when it seems our prayers have not been answered, and we have determined it's too late. Too many times we miss out on the destiny God has for us because we have stopped looking. We have stopped hoping." Describe a time in your life when you've been low on hope. What happened?

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3. Were you able to identify with the "bent" woman whose story is in Luke 13:10-17? How has your view of the world been distorted because of a "bent" perspective?

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4. "Being a kingdom woman isn't summed up in just going to church more or doing more good things. It's about connecting with the One who gives hope," (page 34). How does a woman "connect" with the One who gives us hope? Can you describe a time in your life when you "connected" with God?

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5. Why is it difficult to tell when our problems are rooted in spiritual matters? What is Tony Evans's solution for spiritual problems? (pages 36-37). Do you agree or disagree with him on this issue? Explain your answer.

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6. Chrystal offers a solution for life change based on Hebrews 12:1 (page 41). She notes that the word sin in this verse means "unbelief." She also says, "We aren't to get weighed down trying to fix this, that, and the other. Because if we don't get the main thing right, we'll never get the rest to fall in line." What do you believe is the "main thing" she's referring to? What is the main thing you need in your life in order to maintain a relationship with Jesus? Is this complex or deceptively simple? Why?

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7. Do you believe the bent woman had a right to be blessed based on her heritage as a daughter of Abraham? Do you believe you have a right to be blessed based on your standing with Jesus Christ (page 43)? What does it mean to you to "be blessed"?

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"Being a kingdom woman isn't summed up in just going to church more or doing more good things. It's about connecting with the One who gives hope."



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4. What's one lesson we can learn from Ruth on how to have a spirit of excellence (page 49)? Hint: It has to do with letting go of the past . . .

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5. What can we learn from the Israelites about letting go of the past? What can happen if we keep harkening back to yesterday?

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6. What are your "sloppy" thoughts (page 50)? In what way do you believe that attitude can determine your actions? Tell about a time in your life when you had an attitude focused on excellence and it produced godly results.

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7. In what way is your life of excellence meeting the needs of your family? The church? The community? If you're not happy with your influence, what are some goals you'd like to set so that in one month you'll be able to see growth in your life?

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“Excellence is not a destination; it is a continual process of transformation into who God wants us to be.”



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4. What’s the difference between a rhema word and a logos word? (page 62). The unnamed widow needed a rhema. What would you have felt had you been the widow and Elisha had asked you to collect jars? Has God ever asked you to do something that seemed illogical and pointless? Did you obey? If so, what happened as a result?

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5. Chrystal asserts that God doesn’t look for women without smudges. Instead He looks for “a heart that will commit to follow Him. . . . He looks for whether the woman has learned to depend on Him, whether she knows the value of commitment and the supreme power of faith.” In what ways do you fit that job description? What do you need to add to your spiritual résumé?

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6. On page 68 Tony Evans says, “By giving, you open up a channel for which to also receive. In other words, by hoarding—or keeping what you think is yours only—you cut off God’s flow to you.” Do you believe this principle is truly rooted in Scripture? Discuss the verses Philippians 4:19 and Acts 20:35. What are some ways you see the principle of giving/receiving spiritual blessings working?

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7. Tony Evans outlines four principles about the widow’s path of commitment (pages 67- 69):

- (1) God’s way is the best way to address life’s problems.
- (2) God responds to your emptiness.
- (3) Give others what you need God to give you.
- (4) God does not need a lot to do a lot.

Which one of these principles holds the most meaning for you at this stage in your life? Explain your answer.

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**QUESTIONS FOR CHAPTER 5:  
A Woman of Kingdom Woman's Faith**

1. The Evans family witnessed an event where God honored the prayer of a kingdom woman when she asked for the rain to stop (pages 73-75). What's the most "miraculous" event or prayer you've ever witnessed?

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2. Read the story about Hannah's faith from 1 Samuel 1 and 2. What role did motherhood play in Hannah's society? How was Hannah valued by her husband? By Peninnah?

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3. On page 77, Tony Evans says, "An important principle of living by faith is knowing that if God is the cause of whatever issue you are facing, then only God can be the solution." How did Hannah apply this principle? Do you believe that approaching God in faith can be the solution to any problem? Why or why not?

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4. God blessed Hannah not only with Samuel but also with five more children. What are examples of how Hannah prayed can you put into practice?

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5. Read 1 Kings 17:9-24 and Luke 4:25-26. What are some of the odd elements in this story? Like the desperate widow, are you now or have you ever been at an economic point so low it seemed as if there was no way out? What happened?

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6. Face it: There will be times when God asks you as a kingdom woman to do something unpractical and even downright strange. What steps can you take today so that you're ready to say yes to God when the time comes? What can increase your faith so you can believe that God has more than enough to supply all your needs?

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**QUESTIONS FOR CHAPTER 6:  
The Pursuit of a Kingdom Woman's Faith**

1. Tell about a time when you were sick or someone in your life was ill and how your attention became fixated on finding healing or wellness. How does God use physical illness to get our attention? Do you believe a person can also be spiritually "ill"? Why or why not?

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2. What are some of the different reasons you've seen, in your life for shrinking back from trusting and relying on God?

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3. Read Luke 8: 40-48 and Leviticus 15:25. What is one thing new you've learned about this passage from Tony Evans's commentary? What do you think it was like for the woman to be considered "unclean" for so many years?

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4. Which of the reasons listed below would be the biggest obstacle for you to overcome in order to seek Christ's healing touch? Explain why.

- a. Pride of public humiliation or fear of being seen as needy.
- b. Fear that your request wouldn't be granted because, well, it's been so long and you've asked so many times before.
- c. You don't believe that Jesus really cares about your burden or the level of your pain; it's your "thorn in the flesh" that you must carry.
- d. Because it just sounds impossible. Reason and common sense tell you that your situation is unfixable.

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5. On page 94, Chrystal describes what it felt like when she found out her three-year-old son was out of the house unsupervised. What's the worst feeling of panic you've ever had? How was it resolved? Was your relationship with God impacted either positively or negatively? Explain.

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6. When he ran away, little Jesse had been pursuing his mother with all the resources and strength he had available (page 96). What do you think would happen in your life if you pursued God with all your available resources and strength?

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**QUESTIONS FOR CHAPTER 7:  
The Possibilities of a Kingdom Woman's Faith**

1. What's the biggest leap of faith you've ever taken? It can be spiritual, financial, social . . . anything!

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2. Tony Evans tells us about the limitations of impalas: "The impala—despite its gift of leaping high and long—can easily be contained in a zoo enclosure with nothing more than a three-foot-high wall. This is because the impala does not jump when it cannot visualize where it will land" (page 102). In what ways do people make the same mistake? Think about big life upheavals such as marriage, changing jobs, becoming a missionary overseas, or getting a master's degree—does fear of the unknown keep us from taking risks? What changes in your life have you avoided due to fear of the unknown?

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3. Here's a bold statement: "Faith is acting like God is telling the truth. To act like God is telling the truth is to act on His words without having to see any proof first that what He says is true" (page 102). Is this an accurate portrayal of faith in your opinion or has Tony left anything out?

proof first that what He says is true" (page 102). Is this an accurate portrayal of faith in your opinion or has Tony left anything out? If so, what? How can this simple definition of faith impact your walk with God? It was like for the woman to be considered "unclean" for so many years?

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4. At the gym, Chrystal has noticed that some treadmill users put a towel over the monitor/dashboard while they run. The assumed reason is that the athletes don't want to see the data about their speed, heart rate, or calories burned so that they can enjoy the run (page 104). In your Christian walk, do you pay attention to statistics, things you can measure such as attendance, daily devotion routine, tithing, or hours given to serve? What value do those measures have? Is there a better indicator of how your relationship with Jesus Christ is growing? If so, what is it?

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5. Read Chrystal's prayer on pages 105-106. Then take a few minutes to write a prayer asking God to show you the faith path He has for you. Share a few lines of it with the group if you feel comfortable.

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**QUESTIONS FOR CHAPTER 9:  
The Prayer of a Kingdom Woman's Faith**

1. Corrie ten Boom, in her famous book *The Hiding Place*, writes, "There is no pit so deep that [God] is not deeper still." Corrie was a WWII concentration camp survivor. It would be difficult to imagine a pit deeper than being locked inside Ravensbrook. And yet, Corrie came out of that ordeal with her faith strengthened, not diminished. What's one "pit" that you've been in, and yet God has helped you climb out stronger?

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2. Take the time to read John 15:1-11 from the Bible. Then circle what type of branch you feel like:

- a. My branch needs more water. It's shriveled and losing leaves. I am afraid my branch may be cut off.
- b. My branch is alive, but I wish it would bear more fruit. I need Jesus to prune it.
- c. My branch is healthy, thanks to Jesus' thriving vine. I want to help more branches learn how to remain in Him.
- d. My branch bears fruit, but sometimes the fruit tastes sour. I need to make sure I stay connected to the vine so that my fruit will become sweeter.

3. Like a good marriage, abiding or remaining in Jesus means having a deep relationship, well beyond mere acquaintanceship. "Remaining" is developing an intentional oneness with Him, focused on glorifying God and His kingdom. Sometimes we may think we have fruit in our lives when it's really only happiness.

Why is it dangerous to evaluate the quality of our lives based on happiness instead of on the level to which our lives glorify God? Why is measuring our life based on happiness an easy trap to fall into?

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4. Read the story of Mary and Martha from Luke 10:38-42. Was Martha's goal to serve Jesus a bad or unworthy goal? How can you differentiate between the "good" things in your life and the "best" things?

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5. Tony Evans writes, "Essentially, Martha was accusing God of not caring about her working so hard in the kitchen." Do you think it's important to refrain from blaming God for our problems? Why or why not?

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## QUESTIONS FOR CHAPTER 10: A Kingdom Woman and Her Family Life

1. Do you believe Satan is actively seeking to create chaos in the world? Do you believe as Tony Evans does that “[Satan] tries to stir things up so you cannot find order, peace, and harmony in your kingdom woman progress”? Why or why not? What other elements do you think contribute to a sense of chaos in our world today?

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2. In what ways will aligning yourself and your marriage under God’s authority bring you blessing? What obstacles in your life make alignment difficult? If you’re single, what can you do to make sure your standing with God is aligned?

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3. What does Tony Evans mean when he says, “Order has nothing to do with equality?” Do you agree with his interpretation of 1 Corinthians 11:1,3? Why or why not? Why do you think this is such a sensitive issue? What teachings have you heard—either directly or indirectly—that address the roles of men and women in marriage?

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4. Read 1 Peter 3:7. How does being a “joint heir” make you feel? What is the significance of being equal with your spouse and yet having a different function? What is the role of submission for women according to 1 Peter 1:1-2?

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5. What is one thing you can do this week to better align your life under God’s rule?

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“The hardest thing in the world for a godly woman to learn to do in her marriage is to keep her mouth closed”

## QUESTIONS FOR CHAPTER 11: A Kingdom Woman and Her Church

1. Are you a member of God’s Army or more like a member of the Secret Service? In what ways is making a commitment to church activities difficult for you in this season of your life?

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2. What does Tony Evans mean when he says, “The purpose of the church, ecclesia, is to manifest the values of heaven within the context of human-kind”? Give one or two practical examples.

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3. Read Titus 2:3-5. What are some of the roles of kingdom women in the church? Which roles do you see yourself as being gifted, or which roles would you enjoy trying out when the right season comes along?

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4. Part one: How much money do you spend on spiritual development tools such as books, retreats, etc. How many hours a month do you set apart for special prayer times?

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Part two: Truth time—which of the three examples below best represents your hair budget and time spent in the salon? (This isn’t counting shampoo and styling products or even manicures or facials.) Have some fun with this one. It’s merely intended to get you thinking about external versus internal beauty priorities.

- a. I’m a Cheapo-Clips girl. I spend \$20 every two months for a haircut, no styling. So I’m only out \$120 and a few hours a year—but if I can find a friend to cut it for free, that’s even better.
- b. I get my hair done at Veronica’s. She’s been cutting my hair for more than five years. She’s worth the \$50 every six weeks, including tip. I spend around \$430 per year and up to 18 hours sitting in Veronica’s chair.
- c. I need my hair straightened, permed, or my extensions tended to every two months. I spend three to four hours in a salon and pay nearly \$160 every trip. My hair styling costs me around \$960 a year. Do the math and I sit for at least 18 hours a year while my hair is treated.
- d. Hey, a girl’s got to have color! Hair maintenance is so important that I can’t even begin to put a price on it. Let’s just say it’s none of your business how

much money I spend on my hair or how long I'm at the salon. (And CheapoClips girl—don't you dare say anything to my husband about free, or I'll pull your hair out so you won't ever need a haircut again!)

5. Would your husband's—or if you're single, the people closest to you—say you're more beautiful on the outside or the inside? Or, as Tony would phrase it—do you look like a dollar but have only the value of a quarter? (See page 173.) If you don't like the answer he/they would give, what are you prepared to do about it?

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6. What phase of life are you in? Are you an “older” woman, done with child raising for the most part? Or are you “younger” and in need of a mentor? How can the older women in your community reach out to the younger women? What value does your church place on woman to-woman discipleship? (See page 177.)

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7. What's the difference between a kingdom woman's actual age and her spiritual age? Tony Evans says (page 175) that “The more mature a woman becomes, the more secure she is in herself and her relationship with God. That frees her to build others up, help others out, and not pass along a piece of gossip when it crosses her path.”

What are other traits of a mature kingdom woman? Which of those traits do you want in your life?

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8. The Bible (see Titus 2) challenges kingdom women to put the home as her first priority. What cultural “voices” do you hear telling you otherwise? In your own life, what are the most common difficulties to maintaining a home while nurturing children and caring for a husband? If a kingdom woman is single and childless, what should be her first priority?

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9. Make a list of five ways you help other women now or could help other women. Make a plan to either deepen a spiritual bond with a woman you currently interact with or seek a ministry to younger or less experienced women.

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4. Read the story of the Samaritan woman in John 4:1-42. She was a social outcast, and yet Jesus showed her amazing truth. She recognized that she needed something more and that Jesus was that something more. In what ways can you relate to this woman?

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5. On page 192, Chrystal writes, "The kingdom woman is the woman who is willing to abandon her own agenda, plans, and hang-ups to act on what God says. She is willing to leave the water pot at the watering hole and take action. My sister, the time is now. The people in your community need you now." There are deep needs in the community. There is an urgency to share God's kingdom news with others. What are the obstacles in your life keeping you from giving outward? Or, if you are committed to community ministry, share about the needs you are able to meet through God's grace. What encouragement can you offer others?

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6. Read Judges 4. Deborah and Jael made a formidable pair. With the help of the Lord, together they defeated the Canaanites. Why are these kingdom women distinct in the history of judges? What had happened to all the kingdom men? Do you think that God uses women only when the men fail? (See page 196.) Why or why not?

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7. Read Luke 1:26-38. Tony Evans claims that "the single greatest impact ever made in history came through a kingdom woman" (page 197). Mary chose faith over fear when she said, "May it be to me as you have said." You've now read 12 chapters about being a kingdom woman. What is the one thing you've heard God telling you in this course? What is God calling you to do? Can you say to Him, "I am Your servant. May your word to me be fulfilled?"

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